



Terms & Conditions – Vitality Balance

Last updated: April 2026

1. Introduction

These Terms and Conditions govern the use of the Vitality Balance website.

By accessing or using this website, you agree to comply with and be bound by these Terms and Conditions. If you do not agree with these terms, please do not use the website.

The website is operated by Vitality Balance.

2. Business Information

Vitality Balance
Nicola Holland
1 Eskdale
Ellesmere Port
Cheshire
CH65 6RH
United Kingdom

Email: nicola@vitalitybalance.co.uk

Phone: 07722072661

Website: www.vitalitybalance.co.uk

3. Use of the Website

You agree to use this website only for lawful purposes.

You must not:

- Use the website in any way that breaches applicable laws or regulations
- Attempt to gain unauthorised access to the website or its systems
- Use the website to transmit harmful or malicious software
- Copy, reproduce or distribute website content without permission

4. Services

Vitality Balance provides wellness services which may include reflexology and vitamin injection services.

Information provided on this website is for general informational purposes only and does not replace professional medical advice, diagnosis, or treatment.

Individual results from wellness services may vary.

5. Booking and Appointments

Appointments may be booked through the website's online booking system.

By making a booking you agree to provide accurate information including health information where required.

Vitality Balance reserves the right to refuse or cancel appointments where services may not be suitable or where incorrect information has been provided.

6. Payments

Payments for services may be processed through the website or through third-party booking systems.

Payment providers used by the website may have their own terms and privacy policies. Vitality Balance is not responsible for the policies or practices of third-party payment providers.

7. Health Information

Certain services may require the submission of health questionnaires or consent forms.

You agree that information provided is accurate and complete to the best of your knowledge.

Vitality Balance may refuse treatment where it is considered unsafe or inappropriate.

8. Intellectual Property

All content on this website including text, graphics, branding, and logos is the property of Vitality Balance unless otherwise stated.

Content may not be copied, reproduced, or distributed without permission.

9. Limitation of Liability

Vitality Balance makes reasonable efforts to ensure that information on this website is accurate. However, we do not guarantee that the website will always be free from errors or interruptions. To the fullest extent permitted by law, Vitality Balance shall not be liable for any indirect or consequential loss arising from the use of this website.

10. External Links

This website may include links to third-party websites.

Vitality Balance is not responsible for the content, policies, or practices of external websites.

11. Website Availability

We aim to ensure the website is available at all times, however we cannot guarantee uninterrupted access.

The website may be temporarily unavailable due to maintenance or technical issues.

12. Changes to These Terms

Vitality Balance reserves the right to update these Terms and Conditions at any time.

Any changes will be posted on this page.

13. Governing Law

These Terms and Conditions are governed by the laws of England and Wales.

Any disputes relating to these terms shall be subject to the jurisdiction of the courts of England and Wales.